

Anaphylaxis Alert

Name: _____

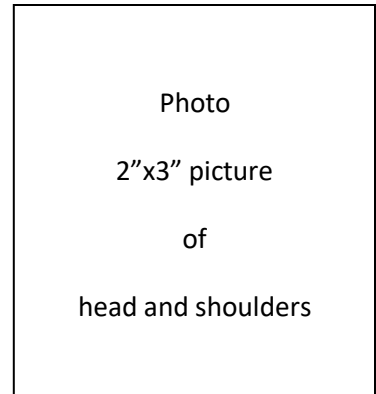
This person has a DANGEROUS life-threatening allergy to:

Foods: _____

Insect Stings: _____

Medication: _____

Other: _____



Food: The key to preventing an anaphylactic emergency is **absolute avoidance** of the allergen. Individuals with food allergies cannot share food, eat unmarked/bulk foods, or products which have the “may contain” warning.

KNOW THE SIGNS AND SYMPTOMS... a person with anaphylaxis might have any of the following signs or symptoms:

- Face:** Itchy eyes, itchy nose, flushed face, swollen lips, swollen tongue
- Airway:** Trouble breathing or swallowing, hoarseness, choking, coughing, wheezing.
- Stomach:** Pain, vomiting, diarrhea,
- Skin:** Rash, itchiness, swelling, hives - anywhere on the body.
- General:** Weakness, sense of doom, loss of consciousness.

Anaphylaxis can lead rapidly to unconsciousness and death.

KNOW WHAT TO DO ... the first signs of a reaction can be mild, but symptoms can get worse very quickly.

Give: The epinephrine (adrenaline) injection at the first sign of a reaction. It is dangerous to wait. Give a second dose in 10-15 minutes if reaction continues or worsens.

Call 911: Tell them someone is having a life-threatening allergic reaction. Ask them to send an ambulance immediately.

Go: To the nearest hospital, even if symptoms are mild or have stopped. Stay in the hospital setting for 4-6 hours. The reaction could come back.

CONTACTS / APPROVAL

_____ (H) _____ (O) _____ (Cell) _____

_____ (H) _____ (O) _____ (Cell) _____

The undersigned parent/guardian hereby authorizes any adult to administer epinephrine to the above-named child in the event of an anaphylactic reaction as described above.

Signature of Parent/Guardian

Date

The information gathered on this form is pursuant to the Education Act and the Municipal Freedom of Information and Protection of Privacy Act. Information will be used to prepare assessment records; maintain records for all students. Users: Student Services Staff, Principal of Student, all teachers responsible for the Student’s program and designated staff for clerical functions.